

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|------------------------------|---|---|---|
| 30 PACE Character Trait of the Month is GRATITUDE | 31 | 1 | 2 No S&C | 3 World Para Athletics Junior Champs | 4 World Para Athletics Junior Champs | 5 World Para Athletics Junior Champs |
| 6 World Para Athletics Junior Champs | 7 World Para Athletics Team Returns | 8 | 9 No S&C | 10 | 11 | 12 |
| 13 | 14 T/F @ SCC 5:30pm | 15 T/F @ SCC 5:30pm | 16 Seattle All-Comer Meet | 17 Return from Seattle | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Summer Break | | | | | | |
| 27 | 28 | 29 | 30 | 31 | 1 | 2 |
| Summer Break -Programs Return Sept 6 | | | | | | |
| 3 | 4 Labor Day | July '17 S M T W Th F Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 | | September '17 S M T W Th F Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 | | Training Locations SCC- 1810 N Greene St, Spokane |