June 2026

ParaSport SPOKANE

July '26

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 **PACE** Character Trait of the Month is **INTEGRITY**	1	2 **S&C** ***6:15-7:30pm***	3 SFCC Twilight Meet 5:00pm -8:00pm	4 Swim@Valley YMCA 5:30-6:30pm	5 6:00-7:30pm Bball -Hoopfest	6 9:00-9:45 Futures 10:00-11:00 Prep/JR 11:00-12:30 Jr & Adult 2pm-Track & Field at EVHS
7 Swim @ Valley YMCA 1:30-2:30pm	8	9 Spokane Youth Sports Awards NO S&C	10 SFCC Twilight Meet 5:00pm -8:00pm	11 NO SWIM	12 6:00-7:30pm Bball -Hoopfest	13 USATF Association Meet West Valley HS USPara Swim Meet -Boise
14 Pine Cone Track+Field Classic 2026 **9:00 - 5:00** **Whitworth Pine Bowl** USPara Swim Meet -Boise	15	16 **S&C** ***6:15-7:30pm***	17 SFCC Twilight Meet 5:00pm -8:00pm	18 Swim@Valley YMCA 5:30-6:30pm	19 No Bball	20 9:00-9:45 Futures 10:00-11:00 Prep/JR 11:00-12:30 Jr & Adult 2pm-Track & Field at EVHS
21 Swim @ Valley YMCA 1:30-2:30pm	22	23 **S&C** ***6:15-7:30pm***	24 SFCC Twilight Meet 5:00pm -8:00pm	25 Swim@Valley YMCA 5:30-6:30pm	26 6:00-7:30pm Bball -Hoopfest	27 SPOKANE HOOPFEST
28 SPOKANE HOOPFEST	29	30 **S&C** ***6:15-7:30pm***	1 SFCC Twilight Meet	2 Swim@Valley YMCA 5:30-6:30pm	3	4 Independence Day
5	6	**Upcoming** **July 11-15 Move United Nationals -Grand Rapids, MI** **July 23-26 USATF Nationals - New York, NY** **Oct 17-18 Spokane Showdown, HUB Sports Center**			PSS Calendar Webpage	**Training Sites** PSS HQ 6011 N Chase Rd, Newman Lake, 99025