



Presents



Para Track & Field

Intro to Coaching Clinic



When: April 29, 2023

Practice Observation 9 :00am - Noon

Coach Education 1:00pm - 5:00pm

Where: ParaSport Spokane Training Space
at Valley Christian School 10212 E 9th Ave
(Enter off of Herald by the football stadium)

Fundamentals of coaching Para Athletes:

Classification

Wheelchair Racing

Seated Throws

Ambulatory Running, Jumping & Throwing

Understanding and appreciation of:

US Para Track and Field System

Integration of Para Athletes into able bodied environments.

Lunch Provided

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