

How to create a Para Sport Program

Lecture Site: <https://www.parasportspokane.org/lecture.html>

Weblinks

[Pyeongchang Video](#)

[Simon Sinek Start with Why -TED Talk](#)

[Hundred Days of Rejection -TED Talk](#)

A **Passion** for something will drive your **Curiosity**
Then, all you need to start a program are three things.

Time

Space

Equipment

Takeaway

There are others out there who will & can help you navigate
Individuals grow and develop when there are consistent opportunities
Let the no's inspire you to keep asking questions
Just do it!

Simon Sinek's Golden Circle -What/How/Why

- how some organizations/businesses inspire
- thinking acting & communicating from the inside out
- Specifically for this lecture, the first 8 minutes are most relevant

ParaSport Clubs

[ParaSport Spokane](#)

[Great Lakes Adaptive Sports Association](#)

[Adapted Sports Northwest](#)

[Seattle Adaptive Sports](#)

[Blaze Sports](#)

[NorthWest Association for Blind Athletes](#)

Governing Bodies -System Structures

[Disabled Sports USA](#)

[National Wheelchair Basketball Association](#)

[US Paralympic Track & Field](#)

[US Paralympic Sport & Disability breakdown](#)

[USPOC Club Finder](#) (not an exhaustive list, requires clubs have self registered)

[How I Roll](#) -Extensive list of adaptive sport organizations with web-links

