



# Try-It Day! ParaSport SPOKANE

## A Free Running / Throwing / Para-Nordic Skiing Clinic

Join us in celebrating National Blind Sports Day!

Open to all individuals with a physical disability and / or vision impairment.



Sean Halsted

3x

Paralympian

Test your skills,  
learn new techniques,  
find out more about  
local opportunities in  
Para-Nordic  
&  
Track & Field



Volunteers & Guide Runners Needed! Training provided

LOCATION: 10201 E 9<sup>th</sup> Ave, Spokane, WA  
Behind the school at the Track  
(Herald St Entrance)



TO FIND OUT MORE: Hover over this code with the camera on your smart phone, or visit [www.parasportspokane.org](http://www.parasportspokane.org) or Call (509)999-6466

## October 6th

Check-in  
11:00am

Clinic  
12:00 -6:00pm

\*Lunch included with pre-registration!

Clinic comprised of:  
Running/Wheeling  
Throws  
Para-Nordic  
Paralympic Pathway

ParaSport Spokane is a sport & recreation organization for youth and adults with physical disabilities.

**Athletes with Integrity,  
Catalyst for Life**

Supporting Sponsor

