

APRIL 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
PACE Character Trait of the Month is TRUSTWORTHINESS		Fencing 4:00-7:00pm Strength & Conditioning 6:15-7:15pm	D2, Varsity & Prep Depart to NWBA Nationals in Wichita	Swim@Valley YMCA 5-6pm Adult Women's Leadership 6:30-7:30pm	1 April Fool's Day NO BBALL	2 NO BBALL 11:00am Track & Field																																																																																				
	3 Swim @ Valley YMCA 1:30-2:30pm	4 Bball Returns from NWBA Championships	5 Fencing 4:00-7:00pm Strength & Conditioning 6:15-7:15pm Track 4-5pm	6 No Track	7 Fencing 4:00-6:00pm Swim@Valley YMCA 5-6pm No Women's Leadership	8 Hoopfest Bball 6:00-8:00pm	9 9:00-9:45 Futures Bball 10-12 Hoopfest Bball 12:00pm Track & Field																																																																																			
10 Swim @ Valley YMCA 1:30-2:30pm	11 Track 5-6pm	12 Fencing 4:00-7:00pm Strength & Conditioning 6:15-7:15pm	13	14 Fencing 4:00-6:00pm Swim@Valley YMCA 5-6pm Women's Leadership 6:30-7:30pm	15 Hoopfest Bball 6:00-8:00pm	16 Junior Bloomsday At SFCC 1:00pm Track & Field																																																																																				
17 Swim @ Valley YMCA 1:30-2:30pm	18	19 Fencing 4:00-7:00pm Strength & Conditioning 6:15-7:15pm	20	21 Women's bball Departs for NWBA Nationals Swim@Valley YMCA 5-6pm No Women's Leadership	22 NWBA Women's Nationals Track 5-6pm NO BBALL	23 NWBA Women's Nationals 1:00pm Track & Field NO BBALL																																																																																				
24 Swim @ Valley YMCA 1:30-2:30pm	25 Bloomsday Push TBD	26 Bloomsday Push TBD Strength & Conditioning 6:15-7:15pm	27 Bloomsday Push TBD	28 Bloomsday Push TBD Swim@Valley YMCA 5-6pm Adult Women's Leadership 6:30-7:30pm	29 Bloomsday Arrivals NO BBALL	30 Future Bloomies Event! Bloomsday Weekend NO BBALL																																																																																				
1 BLOOMSDAY!		March 2022 <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>Th</td><td>F</td><td>Sa</td></tr> <tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td></tr> </table>	S	M	T	W	Th	F	Sa			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			Upcoming May 17-22 Desert Challenge Games -Mesa, AZ June 4 / 5 USATF Assoc. Champs / Pine Cone Classic June 17-19 US Para T&F Nationals -Miramar FLA June 24 Hoopfest Pre-Camp -TBC June 25-26 Hoopfest!		May 2022 <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>Th</td><td>F</td><td>Sa</td></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	Th	F	Sa	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					Training Sites 10210 E 9th Ave Enter off of Herald Swim @ Valley YMCA
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