

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																											
<b>PACE</b> Character Trait of the Month is <b>COURAGE</b>			<b>1</b>  Track 4:00pm	<b>2</b>  Swim@Valley YMCA 5-6pm  Track 5:00pm	<b>3</b>  <b>No Bball</b>	<b>4</b>  <b>Future Bloomies!</b>  <b>No Bball</b>																																																																																											
	<b>5</b> Cinco de Mayo  <b>BLOOMSDAY!</b> Swim @ Valley YMCA 1:30-2:30pm	<b>6</b>	<b>7</b>  Strength & Conditioning 6:00-7:00pm	<b>8</b>  <b>Bob &amp; Taylor Depart to Kobe Camp</b>  Whitworth Twilight	<b>9</b>  Swim@Valley YMCA 5-6pm  Track 5:00pm	<b>10</b>  <b>No Bball</b>	<b>11</b>  9:00-9:45 Futures <b>Hoopfest Practice 10:00-12:00</b> Track 12:30pm																																																																																										
<b>12</b> Mother's Day  Swim @ Valley YMCA 1:30-2:30pm	<b>13</b>	<b>14</b>  Strength & Conditioning 6:00-7:00pm Track 4:00pm	<b>15</b>	<b>16</b>  Swim@Valley YMCA 5-6pm	<b>17</b>  <b>No Bball</b>  <b>WPA World Champs-Kobe JPN</b>	<b>18</b>  9:00-9:45 Futures <b>Hoopfest Practice 10:00-12:00</b> Track 12:30pm <b>WPA World Champs-Kobe JPN</b>																																																																																											
<b>19</b>  Swim @ Valley YMCA 1:30-2:30pm  <b>WPA World Champs-Kobe JPN</b>	<b>20</b>  <b>WPA World Champs-Kobe JPN</b>	<b>21</b>  Strength & Conditioning 6:00-7:00pm Track 4:00pm  <b>WPA World Champs-Kobe JPN</b>	<b>22</b>  <b>WPA World Champs-Kobe JPN</b>	<b>23</b>  Swim@Valley YMCA 5-6pm  <b>WIAA State T&amp;F Champs - Yakima &amp; Tacoma</b> <b>WPA World Champs-Kobe JPN</b>	<b>24</b>  <b>No Sports</b>  <b>WPA World Champs-Kobe JPN</b>	<b>25</b>  <b>No Sports</b>  <b>WPA World Champs-Kobe JPN</b>																																																																																											
<b>26</b>  Swim @ Valley YMCA 1:30-2:30pm  <b>WPA World Champs-Kobe JPN</b>	<b>27</b> Memorial Day	<b>28</b>  Strength & Conditioning 6:00-7:00pm Track 4:00pm	<b>29</b>	<b>30</b>  Swim@Valley YMCA 5-6pm	<b>31</b>  <b>No Bball</b>  Track 5:00pm	9:00-9:45 Futures <b>Hoopfest Practice 10:00-12:00</b> <b>Lauren &amp; Ruby Graduation!</b>																																																																																											
		April 2024 <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>Th</td><td>F</td><td>Sa</td></tr> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr> <tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr> <tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr> <tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr> <tr><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	Th	F	Sa		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30					<b>Upcoming</b> June 8 -Elevations Stache Dash June 15 -Pine Cone Classic June 29-30 -Hoopfest		June 2024 <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>Th</td><td>F</td><td>Sa</td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> <tr><td>30</td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	Th	F	Sa							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30							<b>Training Sites</b>  10210 E 9th Ave Enter off of Herald Swim @ Valley YMCA
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