

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>PACE</b> Character Trait of the Month is <b>CITIZENSHIP</b>	27	28 <b>S&amp;C</b> 6:00-7:00pm	29	30 Swim@Valley YMCA 5:30-6:30pm	31 Halloween - BOO! 6:00-8:00pm Adult, Women, Varsity & Military BBall	1 9:00-9:45 Futures 9:45-11 Prep Bball /Fencing 11:00-1:00 A, W, V & M
2 Swim @ Valley YMCA 1:30-2:30pm Hockey 4:30-5:30pm	3	4 Roller Training 5:30pm <b>S&amp;C</b> 6:15-7:30pm <b>Extreme Team Build-Out</b>	5	6 <b>Extreme Team Reveal!</b> 4:45-7:30pm	7 Roller Training 5:00pm 6:00-8:00pm Adult, Women, Varsity & Military BBall	8 9:00-9:45 Futures 9:45-11 Prep Bball /Fencing 11:00-1:00 A, W, V & M
9 Swim @ Valley YMCA 1:30-2:30pm Hockey 4:30-5:30pm	10	11 Veterans Day Roller Training 5:30pm <b>S&amp;C</b> 6:15-7:30pm	12	13 Open Gym 5-7:30pm Goalball 6:00pm Swim@Valley YMCA 5:30-6:30pm	14 Roller Training 5:00pm 6:00-8:00pm Adult, Women, Varsity & Military BBall	15 9:00-9:45 Futures 9:45-11 Prep Bball /Fencing 11:00-1:00 A, W, V & M
16 Swim @ Valley YMCA 1:30-2:30pm Hockey 4:30-5:30pm	17 Open Gym 5:00-7:30pm Goalball 6pm	18 Roller Training 5:30pm <b>S&amp;C</b> 6:15-7:30pm	19	20 Swim@Valley YMCA 5:30-6:30pm	21 <b>No Sports</b>	22 <b>No Sports</b>
23 Swim @ Valley YMCA 1:30-2:30pm Hockey 4:30-5:30pm <b>UTAH Tourney</b>	24 Open Gym 5:00-7:30pm Goalball 6pm	25 Roller Training 5:30pm <b>S&amp;C</b> 6:15-7:30pm	26	27 Thanksgiving <b>No Swim</b> <b>No Goalball</b>	28 <b>No Sports</b>	29 <b>No Sports</b>
30 <b>No Swim</b> Hockey 4:30-5:30pm	1 Open Gym 5:00-7:30pm	<b>October '25</b> S M T W Th F Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	<b>Upcoming</b> <b>Dec 5-7 PDX Womens Tourney</b> <b>Jan 16-18 Tacoma Tourney</b> <b>Jan 31 -Pairing with ParaSport Auction</b>		<b>December '25</b> S M T W Th F Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	<b>Training Sites</b>  PSS HQ 6011 N Chase Rd, Newman Lake, 99025 Hockey @ Eagles Ice Arena