

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																					
<p>PACE Character Trait of the Month is RESPONSIBILITY</p>		<p>Strength & Conditioning 6:15-7:15pm</p>				<p>1 9:00-9:45 Futures! 9:45-11:00 Prep Bball 11:00-1:00 A, W, V & M</p>																																																																																					
<p>2 Swim @ Valley YMCA 1:30-2:30pm</p>	3	<p>4 Strength & Conditioning 6:15-7:15pm Deadline for NWBA early registration 4:00pm</p>	5	<p>6 Swim@Valley YMCA 5-6pm</p>	<p>7 Fencing 4pm 6:00-8:00pm Adult, Women, Varsity & Military BBall</p>	<p>8 9:00-9:45 Futures! 9:45-11:00 Prep Bball 11:00-1:00 A, W, V & M</p>																																																																																					
<p>9 Swim @ Valley YMCA 1:30-2:30pm Hockey 4:30-5:30pm</p>	10	<p>11 Strength & Conditioning 6:15-7:15pm</p>	12	<p>13 Swim@Valley YMCA 5-6pm</p>	<p>14 Fencing 4pm 6:00-8:00pm Adult, Women, Varsity & Military BBall</p>	<p>15 Spokane Showdown 8:00-7:30pm</p>																																																																																					
<p>16 Spokane Showdown 8:00-1:30pm Hockey 4:30-5:30pm</p>	17	<p>18 Strength & Conditioning 6:15-7:15pm</p>	19	<p>20 Swim@Valley YMCA 5-6pm</p>	<p>21 EWU Tourney-D2 Fencing 4pm 6:00-8:00pm Adult, Women, Varsity & Military BBall</p>	<p>22 EWU Tourney-D2 9:00-9:45 Futures 9:45-11:00 Prep Bball 11:00-1:00 A, W, V & M</p>																																																																																					
<p>23 Swim @ Valley YMCA 1:30-2:30pm Walla Walla Event Hockey 4:30-5:30pm</p>	24 United Nations Day	<p>25 Strength & Conditioning 6:15-7:15pm</p>	26	<p>27 Swim@Valley YMCA 5-6pm</p>	<p>28 Fencing 4pm 6:00-8:00pm Adult, Women, Varsity & Military BBall</p>	<p>29 9:00-9:45 Futures 9:45-11:00 Prep Bball 11:00-1:00 A, W, V & M</p>																																																																																					
<p>30 Swim @ Valley YMCA 1:30-2:30pm Hockey 4:30-5:30pm</p>	31 Halloween	<p>September 2022</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>Th</td><td>F</td><td>Sa</td></tr> <tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr> <tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr> <tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr> <tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td></td></tr> </table>	S	M	T	W	Th	F	Sa					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		<p>Upcoming Nov 19-20 PDX Tournament Nov 22-29 IWAS World Games -Portugal Feb 10-12 Utah Tournament Feb 18-19 Tacoma Tournament</p>		<p>November 2022</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>Th</td><td>F</td><td>Sa</td></tr> <tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td></tr> </table>	S	M	T	W	Th	F	Sa				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30				<p>Training Sites 10210 E 9th Ave Enter off of Herald Swim @ Valley YMCA Hockey @ Eagles Ice Arena</p>
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