



October 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PACE Character Trait of the Month is RESPONSIBILITY	29	30 S&C 6:00-7:00pm	1	2 Swim@Valley YMCA 5:30-6:30pm	3 6:00-8:00pm Adult, Women, Varsity & Military BBall	4 9:00-9:45 Futures 9:45-11 Prep Bball /Fencing 11:00-1:00 A, W, V & M
5 Swim @ Valley YMCA 1:30-2:30pm Hockey 4:30-5:30pm	6	7 S&C 6:00-7:00pm	8	9 Swim@Valley YMCA 5:30-6:30pm	10 6:00-8:00pm Adult, Women, Varsity & Military BBall	11 9:00-9:45 Futures 9:45-11 Prep Bball /Fencing 11:00-1:00 A, W, V & M
12 Swim @ Valley YMCA 1:30-2:30pm Hockey 4:30-5:30pm	13	14 S&C 6:00-7:00pm	15	16 Swim@Valley YMCA 5:30-6:30pm	17 6:00-7:30pm Adult, Women, Varsity & Military BBall	18 Spokane Showdown
19 Spokane Showdown Swim @ Valley YMCA 1:30-2:30pm Hockey 4:30-5:30pm	20 Goalball TBA	21 S&C 6:00-7:00pm	22	23 Swim@Valley YMCA 5:30-6:30pm	24 6:00-8:00pm Adult, Women, Varsity & Military BBall	25 9:00-9:45 Futures 9:45-11 Prep Bball /Fencing 11:00-1:00 A, W, V & M
26 Swim @ Valley YMCA 1:30-2:30pm Hockey 4:30-5:30pm	27 Goalball TBA	28 S&C 6:00-7:00pm	29	30 Swim@Valley YMCA 5:30-6:30pm	31 6:00-8:00pm Adult, Women, Varsity & Military BBall	1 9:00-9:45 Futures 9:45-11 Prep Bball /Fencing 11:00-1:00 A, W, V & M
2 Swim @ Valley YMCA 1:30-2:30pm Hockey 4:30-5:30pm	3 Goalball TBA	September '25 S M T W Th F Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	Upcoming Nov 21-23 Utah Tourney - JV/Prep/D2 Dec 5-7 PDX Womens Tourney Jan 16-18 Tacoma Tourney Jan 31 -Pairing with ParaSport Auction		November '25 S M T W Th F Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	Training Sites PSS HQ 6011 N Chase Rd, Newman Lake, 99025 Hockey @ Eagles Ice Arena