

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>25</b> <b>PACE</b> Character Trait of the Month is <b>CARING</b>	<b>26</b> Roller Training 6:00pm	<b>27</b> Roller Training 5:00pm 6:30-7:30pm Strength & Conditioning	<b>28</b>	<b>29</b> Whole Group Women's Yoga & Leadership 5:30-7:00pm	<b>30</b> Drive to SEA No Bball	<b>1</b> Seattle Jam Tourney No Bball	
<b>2</b>	<b>3</b> Roller Training 6:00pm	<b>4</b> Roller Training 5:00pm 6:30-7:30pm Strength & Conditioning	<b>5</b> Roller Training 5:00pm	<b>6</b> Junior Women's Yoga & Leadership 5:30-7:00pm	<b>7</b> Roller Training 4:30pm Bball 6:00-8:00pm Adult & Varsity	<b>8</b> 10:00-12:00 Bball	
<b>9</b> Indoor T&F Group Roller Training 3pm	<b>10</b>	<b>11</b> Roller Training 5:00pm 6:30-7:30pm Strength & Conditioning	<b>12</b> Roller Training 5:00pm	<b>13</b> Adult Women's Yoga & Leadership 5:30-7:00pm	<b>14</b> Roller Training 4:30pm Bball 6:00-8:00pm Adult & Varsity	<b>15</b> Christmas Party! 10:00-12:00 Bball Whole Program Invited!	
<b>16</b> Indoor T&F Group	<b>17</b>	<b>18</b> Roller Training 5:00pm 6:30-7:30pm Strength & Conditioning	<b>19</b> Roller Training 5:00pm	<b>20</b> Whole Group Women's Yoga & Leadership 5:30-7:00pm	<b>21</b> Roller Training 4:30pm No Bball	<b>22</b> Open Gym 10:00-12:00 Roller Training 1pm	
<b>23</b>	<b>24</b> Christmas Eve	<b>25</b> Christmas Day Merry Christmas!	<b>26</b> Roller Training 6:30pm	<b>27</b> Roller Training 6:30pm	<b>28</b> Roller Training 4:30pm	<b>29</b> Open Gym 10:00-12:00 Roller Training 1pm	
<b>30</b>	<b>31</b> New Year's Eve	<b>November '18</b> S M T W Th F Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30		<b>January '19</b> S M T W Th F Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		<b>Training Locations</b> PSS HQ -10210 E 9th Ave, Spokane WA	<b>Upcoming</b> Berkeley Tacoma Feb 2nd -Auction