

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
						NO BBALL
					Bball	Pairing with ParaSport
	Roller Training	Roller Training	Roller Training	Roller Training	6:00-8:00pm Adult & Varsity	Hangar Event Center
2 Crayndhag Day	3	-	5	-	7	8
2 Groundhog Day	3	4	5	Roller Training		9:00-10:00 Go Baby Go
Indoor T&F		Strength & Conditioning		Sports Nutrition -Group	Bball	10:00-12:00pm Bball
TBD		6:30-7:30pm		Women's Leadership	6:00-8:00pm	10.00 12.00pm Bbail
Swimming @ GU	Roller Training	Roller Training	Roller Training	6:00-7:30pm	Adult & Varsity	
9	10	11	12 Lincoln's B-Day	13	14 Valentine's Day	15
				Roller Training		NO BBALL
Indoor T&F		Strength & Conditioning		Cheney HS Demo	NO Bball, Depart for	Tacoma / Berkeley
TBD		6:30-7:30pm		Women's Leadership	Tacoma/Berkeley Bball	Tournaments
Swimming @ GU	Roller Training	Roller Training	Roller Training	6:00-7:30pm	Tourney -Prep & DIII / Varsity	
16	17 Presidents' Day	18	19	20	21	22
				Roller Training	Bball	40.00.40.00 BL II
Indoor T&F TBD		Strength & Conditioning 6:30-7:30pm		Sports Nutrition -Sign up Women's Leadership	6:00-8:00pm Adult & Varsity	10:00-12:00pm Bball
Swimming @ GU	Roller Training	Roller Training	Roller Training	6:00-7:30pm	Adult & Varsity	
23	24	25 Mardi Gras	26 Ash Wednesday	27	28	29
20		20	20	Roller Training	Bball	
Indoor T&F		Strength & Conditioning		Sports Nutrition -Sign up	6:00-8:00pm	10:00-12:00pm Bball
TBD		6:30-7:30pm		Women's Leadership	Adult & Varsity	
Swimming @ GU	Roller Training	Roller Training	Roller Training	6:00-7:30pm		
1	2	January '20	<u>Upcoming</u>		March '20 S M T W Th F Sa	Training Site
		S M T W Th F Sa 1 2 3 4	Mar 12-15 Varsity Bball Nati	ionals	1 2 3 4 5 6 7	10210 E 9th Ave
		5 6 7 8 9 10 11 12 13 14 15 16 17 18			8 9 10 11 12 13 14 15 16 17 18 19 20 21	Spokane WA
		19 20 21 22 23 24 25	April 1-5 Desert Challenge (	Games	22 23 24 25 26 27 28 29 30 31	Enter off of Herald
		26 27 28 29 30 31	May 3 Bloomsday		1 20 00 01	