

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 PACE Character Trait of the Month is GENEROSITY	28 T&F Cancelled due to heat	29 T&F Cancelled due to heat Strength & Conditioning 6:15-7:15pm	30 T&F Cancelled due to heat	1 Swim@Valley YMCA 5-6pm T&F Cancelled due to heat Women's Leadership 6:30-7:30pm	2 Women's Bball 6-7:30pm	3 NO Sports
4 Independence Day	5 Track & Field 5:00-6:30pm	6 Track 5:00pm Strength & Conditioning 6:15-7:15pm	7 NO Sports	8 Swim@Valley YMCA 5-6pm T&F 5:00-6:00pm Women's Leadership 6:30-7:30pm	9 Track & Field 4:30-6:00pm Women's Bball 6:00-7:30pm	10 Track & Field 1:00-2:30
11 Swim @ Valley YMCA 1:30-2:30pm	12 Track & Field 5:00-6:30pm	13 Track 5:00pm Strength & Conditioning 6:15-7:15pm	14 Track 4:00pm	15 Swim@Valley YMCA 5-6pm T&F 5:00-6:00pm Women's Leadership 6:30-7:30pm	16 Track & Field 4:30-6:00pm	17 9am-Futures bball 10-12 Varsity, Women, D2 11:00-12:00 Jr Field 1:00pm Wheel-a-thon 1:00-2:30 T&F
18 Swim @ Valley YMCA 1:30-2:30pm	19 Move United Jr. Nat -DEN	20 Strength & Conditioning 6:15-7:15pm Move United Jr. Nat -DEN	21 NO Sports Move United Jr. Nat -DEN	22 Swim @ YMCA NO Women's Group Dept for NWBA Women's Move United Jr. Nat -DEN	23 NWBA Women's Move United Jr. Nat -DEN	24 NWBA Women's Move United Jr. Nat-DEN
25 Swim @ Valley YMCA 1:30-2:30pm	26 Track & Field 5:00-6:30pm	27 Track 5:00pm	28 NO Sports	29 Swim@Valley YMCA 5-6pm T&F 5:00-6:00pm Women's Leadership 6:30-7:30pm	30 Track & Field 4:30-6:00pm	31 Summer Olympic/Paralympic Experience @ Valley YMCA 9-11am 1:00-2:30 T&F
1	2	June '21 S M T W Th F Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	Upcoming Aug 24-Sept 5 Tokyo Paralympic Games Sept 11-12 Hoopfest		August '21 S M T W Th F Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	Training Site 10210 E 9th Ave Spokane WA Enter off of Herald