

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>30</b> <b>PACE</b> Character Trait of the Month is <b>INTEGRITY</b>	<b>31</b> Memorial Day	<b>1</b> Track 5:00pm Strength & Conditioning 6:15-7:15pm	<b>2</b> Track 5:00pm	<b>3</b> Swim@Valley YMCA 5-6pm T & F 5:00-6:00pm Women's Leadership 6:30-7:30pm	<b>4</b> Track 4:30pm Bball 6:00-8:00pm Adult & Varsity	<b>5</b> 9:00-9:45 Futures Bball 9:45-11:00 Prep Bball 11:00-1pm Jr & Adult Bball 1:00-2:30pm T&F
<b>6</b> Swim @ Valley YMCA 1:30-2:30pm	<b>7</b> Track & Field 5:00-6:30pm	<b>8</b> Track 5:00pm Strength & Conditioning 6:15-7:15pm	<b>9</b> Track 3:45pm	<b>10</b> Swim@Valley YMCA 5-6pm T & F 5:00-6:00pm Women's Leadership 6:30-7:30pm	<b>11</b> 4:30-6:00pm-ish PSS Twilight Meet 6:00-7:30pm Jr & Adult Bball	<b>12</b> 9:00-9:45 Futures Bball 9:45-11:00 Prep Bball 11:00-12:00 Jr Field 1:00-2:30 T&F
<b>13</b> Swim @ Valley YMCA 1:30-2:30pm	<b>14</b> Track & Field 5:00-6:30pm	<b>15</b> Track 5:00pm Strength & Conditioning 6:15-7:15pm	<b>16</b>	<b>17</b> Swim@Valley YMCA 5-6pm Women's Leadership 6:30-7:30pm US Paralympic Tokyo Trials	<b>18</b> US Paralympic Tokyo Trials	<b>19</b> US Paralympic Tokyo Trials
<b>20</b> Swim @ Valley YMCA 1:30-2:30pm	<b>21</b> Track & Field 5:00-6:30pm	<b>22</b> Track 5:00pm Strength & Conditioning 6:15-7:15pm	<b>23</b>	<b>24</b> Swim@Valley YMCA 5-6pm T & F 5:00-6:00pm Women's Leadership 6:30-7:30pm	<b>25</b> 5:00pm Tokyo Group  Varsity Bball -Wichita	<b>26</b> 11:00-12:00 Jr Field 1:00-2:30 T&F Varsity Bball -Wichita
<b>27</b> Swim @ Valley YMCA 1:30-2:30pm	<b>28</b> Track & Field 5:00-6:30pm	<b>29</b> Track 5:00pm Strength & Conditioning 6:15-7:15pm	<b>30</b>	<b>1</b> Swim@Valley YMCA 5-6pm T & F 5:00-6:00pm Women's Leadership 6:30-7:30pm	<b>2</b> Track 4:30pm  6:00-8:00pm Womens Bball	<b>3</b> No Sports
<b>4</b> Independence Day  No Sports	<b>5</b>  Track & Field TBD	<b>May '21</b> S M T W Th F Sa 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	<b>Upcoming</b> Women's Bball Nationals -TBD Aug 24-Sept 5 Tokyo Paralympic Games Sept 11-12 Hoopfest		<b>July '21</b> S M T W Th F Sa 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	<b>Training Sites</b> 10210 E 9th Ave Enter off of Herald Swim @ Valley YMCA