May 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 **PACE** Character Trait of the Month is **COURAGE**	26	27	28	29	30	1 NO FUTURES NO PREP BBALL Hoopfest Jr & Adult Bball NO T&F
2 Hockey 4:00-5:00pm Eagles Ice Arena	3 Track & Field 5:00-6:30pm	4 Track 5:00pm Strength & Conditioning 6:15-7:15pm	5 Track 5:00pm	6 Track & Field 5:00-6:00pm Women's Leadership 6:30-7:30pm	7 Track 4:30pm Bball 6:00-8:00pm Adult & Varsity	8 9:00-9:45 Futures Bball 9:45-11:00 Prep Bball Hoopfest Jr & Adult Bball T&F 1:00-2:30pm
9 Bloomsday Trail Ride 1:00pm @ Fish Lake Trail Hockey 4:00-5:00pm Eagles Ice Arena	10 Track & Field 5:00-6:30pm	11 Track 5:00pm Strength & Conditioning 6:15-7:15pm	12 Track 3:45pm	13 Swim@Valley YMCA 5-6pm T& F 5:00-6:00pm Women's Leadership 6:30-7:30pm	14 Track 4:30pm Bball 6:00-8:00pm Adult & Varsity	15 9:00-9:45 Futures Bball 9:45-11:00 Prep Bball 11:00-1pm Jr & Adult Bball PSS Mini T&F Meet 2-5pm
16 Swim @ Valley YMCA 2:00-3:00pm Hockey 4:00-5:00pm Eagles Ice Arena	17 Track & Field 5:00-6:30pm	18 Track 5:00pm Strength & Conditioning 6:15-7:15pm	19	20 Swim@Valley YMCA 5-6pm T& F 5:00-6:00pm Women's Leadership 6:30-7:30pm	21 Track 4:30pm Bball 6:00-8:00pm Adult & Varsity	22 9-9:45 Futures Bball 9:45-11:00 Prep Bball 11-12 Junior Field 11:00-1pm Jr & Adult Bball 1:00-2:30pm T&F
23 Swim @ Valley YMCA 2:00-3:00pm NO Hockey	24 GROUP 1 departs to Desert Challenge Games No track practice	25 GROUP 2 departs to Desert Challenge Games Strength & Conditioning 6:15-7:15pm	26	27 Swim@Valley YMCA 5-6pm GROUP 3 departs to Desert Challenge Games	28 No Bball Desert Challenge Games Mesa, AZ	29 No Practices / Sports Desert Challenge Games Mesa, AZ
30 NO HOCKEY Swim @ Valley YMCA 2:00-3:00pm Desert Challenge Games Mesa, AZ	31 Memorial Day No Sports					

April '21

S	M	T	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Upcoming

Jun 17-20 US Paralympic Tokyo Trials
July 25-27 Varsity Bball Nationals -Wichita
Women's Bball Nationals -TBD
Sept 11-12 Hoopfest

June '21

S	M	T	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Training Sites

10210 E 9th Ave
Enter off of Herald
Swim @ Valley YMCA
Hockey @ Eagles Ice Arena