ParaSport November 2018 ParaSport



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------------|-----------------|--|--------------------------------------|--------------------------|-----------------|---------------------------|
| 28 | 29 | 30 | 31 | 1 | 2 Bball | 3 |
| PACE | | | | Adult | 6:00-8:00pm | 10:00-12:00 |
| Character Trait of the | | | | Women's Yoga & | Adult & Varsity | Bball |
| Month is | | | | Leadership | CAF Grants Due | Shoot-a-Thon! |
| CITIZENSHIP | | | | 5:30-7:00pm | | |
| 4 Daylight Saving | 5 | 6 | 7 | 8 | 9 | 10 |
| Indoor T&F | | 6:30-7:30pm | | Whole Group | | |
| Group | | Strength & Conditioning | | Women's Yoga & | Drive to PDX | Bridge City Classic |
| Shoot-a-thon Make-up | | | | Leadership | No Bball | No Bball |
| 6-7pm | | | | 5:30-7:00pm | | |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| | | | | Junior | Bball | 10:00-12:00 |
| Bridge City Classic | | 6:30-7:30pm | | Women's Yoga & | 6:00-8:00pm | Bball |
| | | Strength & Conditioning | | Leadership | Adult & Varsity | 12:15-1:30pm |
| | | | | 5:30-7:00pm | | Go Baby Go Play Group |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| | | | | | | |
| Indoor T&F | | 6:30-7:30pm | | Happy Thanksgiving | No Bball | 10:00-12:00 |
| Group | | Strength & Conditioning | | | | Bball Open Gym |
| | Roller Training | | | | | |
| 25 | 26 | 27 | 28 | 29 | 30 | 1 |
| | | | | Whole Group | | |
| Indoor T&F | | 6:30-7:30pm | | Women's Yoga & | Drive to SEA | Seattle Jam Tourney |
| Group | | Strength & Conditioning | | Leadership | No Bball | No Bball |
| | Roller Training | | | 5:30-7:00pm | | |
| 2 | 3 | October '18 | December '18 S M T W Th F Sa | Training Locations | | Upcoming |
| | | S M T W Th F Sa 1 2 3 4 5 6 | 1 | PSS HQ -10210 E 9th Ave, | Spokane WA | Dec 1/2 SEA Tourney |
| Seattle Jam Tourney | | 7 8 9 10 11 12 13 | 2 3 4 5 6 7 8 9 10 11 12 13 14 15 | | | |
| | | 14 15 16 17 18 19 20 21 22 23 24 25 26 27 | 16 17 18 19 20 21 22 | | | Feb 2 -Auction Fundraiser |
| | | 28 29 30 31 | 23 24 25 26 27 28 29 30 31 | | | |